



## Stomafresh 05

Instruction manual

EN



**Dear Customer,**  
thank you for purchasing our product. Keep the instruction manual  
together with the warranty card for future use.

# Oral/Dental flosser



# 1. SAFETY INSTRUCTIONS AND WARNINGS

- Before using the appliance for the first time, read the user manual carefully and make sure you have read all the instructions.
- There is a risk of injury if the user manual and the instructions given in it are not followed.
- This appliance, including accessories, is intended only for the purpose specified in this manual. Never use the appliance for any other purpose.
- The manufacturer is not responsible for the use of the appliance that is not in accordance with the operating instructions for operation and for non-observance of safety instructions and warnings.
- Children and persons with reduced physical, sensory or mental abilities or lack of experience and knowledge can use toothbrushes if are supervised or instructed in the safe use of the appliance and understand the hazards involved. Cleaning and user maintenance must not be carried out by children without supervision.
- Mouthwash appliances can be used by children from the age of 8 and by persons with reduced physical, sensory or mental abilities or a lack of experience and knowledge under supervision.
- Mouthwash devices can only be used with cold or warm water or specific solutions as defined in the manufacturer's instructions for use. There is a risk of scalding when using hot water.
- Children must not play with the appliance.
- The appliance has a built-in rechargeable battery and can only be charged from a USB source/power supply (adapter with USB output, PC with USB output), before connecting pay attention to the instructions of the manufacturer of these sources.
- The appliance must only be powered by a safe low voltage that corresponds to the marking on the appliance.
- For increased protection, we recommend installing a residual current device (RCD) with a rated tripping current not exceeding 30 mA in the electrical circuit of the bathroom supply.
- When using an extension cable, always make sure that it is not damaged and complies with applicable standards.

- Do not leave the power cord hanging over the edge of the table where children can pull it off.
- Check the power supply regularly.
- The power supply must not be damaged by sharp or hot objects, open fire, immersed in water or bent over sharp edges.

## 1.2 Safety of Use



**WARNING!** If the appliance is used incorrectly, there is a risk of injury.

- This device is intended for household use.
- Do not use this device for purposes other than oral hygiene.
- Never use the appliance/power supply if it is damaged, dropped on the ground, in water, if it is not working properly. In such cases, contact the service center to check the safety of its use.
- Use the appliance only with accessories designed for this type. Do not use damaged or deformed accessories.
- For hygienic reasons, do not use one nozzle for more than one person, infections and inflammation of the oral cavity could occur.
- Do not insert or remove the power supply into or out of the electrical outlet with wet hands or by pulling on the cable.
- Do not charge the device outdoors or near hot surfaces.
- Store, use, charge the appliance at a temperature between 0 and 40 °C and keep away from fire. Do not expose it to direct sunlight or high temperatures.
- Never submerge the appliance connected to the charging source in water or any other liquid, even partially!
- Never place the appliance/power supply/source near or on heat sources (for example stove, stove, radiator, induction plate, etc.)
- The appliance with a connected charging cable must not be used or charged in places where it could fall into a bathtub, sink or swimming pool. If the device falls into the water, do not remove it! Pull out the power supply from the electrical outlet and only then can you take out the device. Take the appliance to a specialized service for inspection.
- Do not attempt to repair the appliance yourself or modify it in any way, contact a specialized service.

- Before changing accessories, assembly, cleaning, maintenance, filling with water or if you leave it unattended, always disconnect it from the power supply first.
- The appliance is NOT intended for outdoor use.
- The appliance is NOT intended for explosive environments.
- The appliance is NOT intended for commercial use in dental clinics or other medical facilities.
- Do not leave the device unattended during operation.
- Keep accessories (ie nozzles) out of the reach of children and unauthorized persons. The nozzle is small enough that it could get stuck in the throat or could be swallowed. A person who swallows the nozzle must seek medical help immediately!
- Do not put too much pressure on the tip of the nozzle or on the teeth and gums.
- Do not spray under the tongue, throat, ear, nose, eyes or other sensitive areas with the device. Injury could occur.
- Do not insert the appliance or accessories into any body opening, only into the oral cavity.
- Do not switch on the appliance if the water tank is empty or if the nozzle is removed.
- Do not overfill the water tank above the max.
- Do not spray water on people, animals, plants or equipment with electrical parts or on power supplies.
- Never pour hot water into the tank (max. 40 °C), there is a risk of scalding. Never pour mouthwash, scented oils, descaling agents or other chemical cleaning agents into the tank.
- Do not put foreign objects in the tank.
- Always clean the appliance after use.
- If the device is overloaded or used in extremely high temperatures, electrolyte may leak from the battery. If you get contaminated with electrolyte, wash the affected area with soap and water, rinse with lemon juice or vinegar. In case of contamination of the eyes, rinse them with clean water for several minutes and seek medical help immediately.
- Do not use or charge the appliance if electrolyte is leaking from the battery
- Only charge the appliance at normal room temperature.
- Do not expose the appliance to temperatures higher than 50 °C in order not to damage the batteries.
- Do not throw the appliance with the battery into a fire, there is a DANGER OF EXPLOSION!

# Information

Dental hygiene includes a number of actions, which for us are preventive measures against the formation of tooth decay. In addition to the classic toothbrush, interdental brush, or dental floss, we can use many other more innovative tools to perform them. One of them is the oral shower.

## **What is an oral flosser?**

If you haven't heard of oral flosser, read this brief information. An oral shower is a smart dental aid that you can use to replace the use of oral floss or an interdental brush.

## **How is it possible?**

An oral flosser can use water pressure to clean the spaces between the teeth and the gum line. Cleaning the spaces between the teeth is a must for our oral hygiene, because they are the perfect environment for bacteria that creates tooth decay. Another advantage of the oral shower, for which we receive plus points body, is her massage ability. After using it, your gums will be bloodstained and strengthened.

An oral shower is the ideal treatment for those who wear braces, crowns, bridges, or implants. It enables detailed cleaning of all spaces in the oral cavity.

# Power supply

## Powered by a built-in rechargeable battery

The device is powered by a built-in rechargeable battery. Before first use or whenever the battery is weak (the device turns off by itself or cannot be turned on), charge the battery.

The device has waterproof parameters. It is electrically safe and intended for use in the bathroom.

Charge the battery in the device before first use. Use the charger (not supplied) according to the requirements specified in the technical data.

When using abroad, use the correct plug according to the available electrical outlet and check that the voltage in the country is suitable for the charger.

Before charging, turn off the device first.

- Open the waterproof cover of the charging USB-C connector on the device and firmly connect one connector of the supplied USB cable (USB-C) to the charging connector on the device and the other connector to the charger (AC adapter) (not supplied). If there is water in the charging connector, wipe and dry the connector before connecting the USB cable.



If four indicators flash at the same time, the battery is almost empty.



They gradually light up during charging. Four indicators Charging.



After charging, all four indicators light up at the same time. The battery is fully charged.

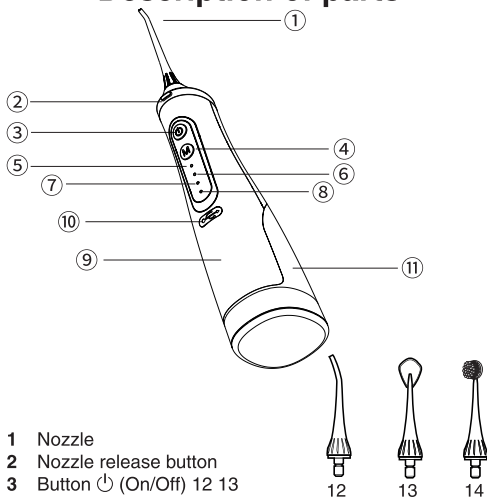
- After charging, disconnect the device from the USB cable and disconnect the charger from the electrical outlet.
- Fully charging the battery using a charger (not supplied) takes about two to four hours, depending on specific circumstances.
- If you do not use the device for a long time and then start charging it, the charging indicators may not start to light (blink) immediately. This is normal and does not indicate a malfunction. After a few minutes of charging, the indicators will gradually light up.


## **HOW TO ACHIEVE LONGEST BATTERY LIFE**

To ensure the longest possible battery life, we recommend:

- Store, use and charge the battery at room temperature. Excessively high temperatures can negatively affect its service life.
- Do not leave the battery fully charged or completely discharged out of operation for an unnecessarily long time.
- Do not keep the battery fully charged all the time.
- Do not discharge the battery completely.

# Description of parts



- 1 Nozzle
- 2 Nozzle release button
- 3 Button  (On/Off) 12 13
- 4 **M** (Mode Switch) button
- 5 **Pulse** mode LED indicator
- 6 **Soft** mode LED indicator
- 7 **Normal** mode (Standard mode) LED indicator
- 8 **Power** mode LED indicator
- 9 Ergonomically shaped handle with anti-slip surface treatment/body of the device
- 10 USB-C charging connector with waterproof cover
- 11 Water tank/stand
- 12 Standard nozzle - for normal daily use, deep cleaning of crevices and dirt on the back teeth
- 13 Nozzle for cleaning the tongue
- 14 Nozzle with brush - suitable for people with braces and dentures. When rinsing and cleaning your teeth, you can also use the brush with toothpaste.

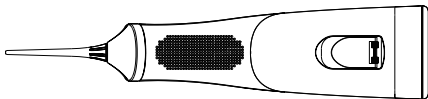



# Using an oral douche

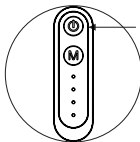
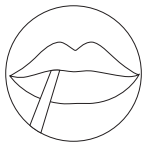
- 1 Before use, fit the nozzle to the nozzle neck on the device so that it clicks into place.



- 2 Open the water tank and fill it with water. Do not fill it with hot water (over 40°C), salt, oil or chemicals. After filling with water, close the tank.



- 3 Press the mode selection button **M** to select the desired mode. Place the nozzle in your mouth and press button  to turn on the device and start cleaning the oral cavity and teeth.



## Mode selection

The default power-on mode is pulsed. Pressing the **M** mode selection button will cycle the device through **Pulse**, **Soft**, **Normal** and **Power** modes from top to bottom. When using the device for the first time, we recommend first trying the soft mode (**Soft**).

### • **Pulse mode (Pulse mode)**

This regimen is designed to treat the areas between the teeth to remove bacteria and tartar. Aim the water jet at the area between the teeth. Go through the nozzle from the front and the back of the teeth. A completely full water tank is enough for about 1 minute of use.

### • **Soft mode**

This mode is intended for a gentle massage of the gums. Gently stimulate problem areas by directing the nozzle to the affected area

### • **Normal mode (Normal mode)**

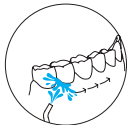
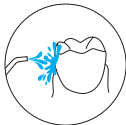
This regimen is intended for treatment aimed at periodontal pockets, removing bacteria and dental plaque. Direct the stream of water into the space between the teeth and the gum line.


Slowly pass the stream of water along the gum line. Clean the front and back of the teeth and behind the molars, then clean the problem areas of the gums in the Soft mode.

### • **Power mode**

This mode is intended for a strong massage of the gums. Significantly stimulate problem areas by directing the nozzle to the affected area and a strong stream of water will circulate and thoroughly clean the problem areas.

- 4 When using, lean forward slightly and open your mouth slightly to allow the water to flow out or to spit it out naturally. When brushing your teeth, stand or sit, do not open your mouth completely, so that the water does not flow on your body or face. For best results, start brushing from the molars (back teeth) to the front teeth. When cleaning teeth along the gum line, use the device briefly in the interdental space to ensure that the area around the gum and between the teeth is clean.



- 5 After cleaning, turn off the device by pressing button . When the device is turned off, the LED indicators will turn off.
- 6 After use, make sure the device is turned off and clean it according to the instructions given in the Cleaning and maintenance chapter.  
Then store the device so that it is ready for the next use.

### **After each use**

- 1 Switch off the device.
- 2 Open/remove the water tank and empty it.
- 3 Press the nozzle release button (2) on the top of the device and remove the nozzle from the nozzle neck on the device.
- 4 Rinse the nozzle under running water.
- 5 Dry all remaining water from the nozzle, the outside of the device/handle and the tank.
- 6 Put the nozzle back on the nozzle neck or store it separately.

### **Note**

To dry the device more thoroughly, leave the reservoir open.

### **Replacing the nozzle**

- 1 Turn off the device.
- 2 Press the nozzle release button (2) and pull the previously used nozzle upwards.
- 3 Place the nozzle of your choice so that it clicks.

# Questions and answers

## **Notice!**

If you encounter any problems with this device, try to fix them using this overview.

If the measures do not help, do not try to remove the cover of the device or repair it yourself. There is a risk of loss of warranty.

## **Why is the device not working?**

- The device may not be charged. Charge it the first time until it is fully charged, and then always after the battery is discharged for approx 2-4 hours.
- There may be no electricity in the outlet. The power supply to the sockets in the mirror cabinets above the sinks or to the shaving sockets in the bathrooms is often disconnected by turning off the light.

## **Can I use mouthwash or essential oils in the tank?**

- The use of essential oils in the reservoir is not recommended. Mouthwash can be mixed with water and use in the tank. After using the mixture with mouthwash, it is necessary to partially fill the tank with warm water, turn on the product with the attachment pointed at the sink and wait until the tank is empty to avoid clogging the device.

## **Will other nozzles be suitable for use with the device?**

- Only the supplied nozzle can be used in conjunction with this device. Nozzles of other brands are not compatible with this device. Contact the seller.

**It seems to me that the device is less powerful. Why?**

- The battery may need to be replaced. Contact the seller.
- The nozzle may need to be replaced. Contact the seller.

**Why does the device change power during cleaning?**

- You may accidentally switch the modes with the **M** button. Different modes have different sound and performance.

**How often should the nozzle be replaced?**

- We recommend replacing the nozzle after 6 months of use. Further information on the purchase of spare parts will be provided by the dealer.

# Cleaning and maintenance

- For hygienic reasons, clean the device regularly after each use.
- Make sure the device is switched off before cleaning.
- Use water with a temperature of up to 50 °C or a neutral detergent to clean the oral shower. For cleaning, do not use wire brushes, thinners or cleaning agents with an abrasive effect, etc., in order not to damage the cleaned surface. Do not immerse the mouthwash in water when cleaning.

## **WATER TANK**

- After each use, completely empty the water tank to prevent the growth of bacteria. Wash the tank with water, wipe it with a clean dry cloth and let it drain and dry.
- If you poured mouthwash or its solution into the tank while using the oral shower, it is necessary to rinse the tank properly. We recommend filling the tank with clean water, starting the oral shower and draining the entire contents of the tank into the sink. Then wash the tank with water, wipe it with a clean dry cloth and let it drain and dry.

## **BODY**

- Wipe the body of the device with a clean, dry cloth. In case of heavier dirt, you can use a lightly moistened cloth. Then wipe the cleaned surface properly dry. Space for storing the tank for always wipe the water, including the suction tube, dry. Do not bend, pull or twist the suction tube!

## **Notice!**

The body is not intended for washing under the tap. Do not spray the mouthwash with water or any other liquid or immerse it in water or any other liquid.

## **NOZZLE**

- After each use, rinse the used nozzle with water to prevent the formation of deposits. Afterwards, wash the surface of the nozzle with water and then always wipe it dry with a soft cloth. For hygienic reasons, we recommend replacing the used tdyza with a new one every six months. Contact the seller

## **STORAGE**

- After use, clean the mouthwash according to the above instructions. Store the mouthwash in a dry place away from direct sunlight. If you want to postpone the oral shower for a longer time, we recommend removing the water tank.

## **Notice!**

- Do not use abrasive cleaners, thinners, etc. to clean any parts. Disruption and damage to the surface treatment of the device may occur.

# Technical specifications

<b>Power supply:</b>	
<b>Nominal voltage:</b>	DC, built-in Li-ion battery, 1500mAh, 3.7V
<b>Charging voltage:</b>	DC, 5 V (suitable AC adapter/charger, not supplied)
<b>Rated power:</b>	6 W
<b>Working pressure:</b>	2,7 - 8,9 bar
<b>Protection class:</b>	III
<b>Protection against water:</b>	IPX7
<b>Dimensions:</b>	24.1 × 8.4 × 7 cm
<b>Weight:</b>	310 g
<b>Tank volume:</b>	310 ml
<b>Nozzle diameter:</b>	0,6 mm
<b>Noise level:</b>	60 dB

The declared value of the noise emission of this appliance is 60 dB (A), which represents level A of the acoustic power with respect to the reference acoustic power of 1 pW.

## Accessories:

Stomafresh05	1 pc
Charging cable	1 pc
Nozzle with brush	1 pc
Tongue cleaning nozzle	2 pcs
Standard nozzle	2 pcs
User manual	1 pc

The right to change is reserved!



The following symbols and their meanings are used on the device and in the accompanying documentation



This symbol warns users that if the safety instructions are not followed when using and operating the device, there is a risk of:

Risk of serious injury or life-threatening! Risk of equipment damage or other property damage!



This symbol warns that the electrical equipment uses a safe low voltage for its operation.

**IPX7**

This marking of electrical equipment means that the equipment is made with an outer cover that protects against water ingress. In this case, it is the level of protection against immersion in water (for 30 minutes at a depth of 1 meter).

**Producer:**

ORAVA retail 1, a.s.  
Seberíniho 2  
821 03 Bratislava  
Slovenská republika

**Importer:**

ORAVA retail 1, a.s.  
Seberíniho 2  
821 03 Bratislava  
Slovenská republika

ORAVA distribution CZ, s.r.o.  
Ostravská 494  
739 25 Sviadnov  
Česká republika

**INSTRUCTIONS AND INFORMATION REGARDING THE DISPOSAL OF USED PACKAGING**

Dispose of used packaging material at a municipal waste disposal site.

**DISPOSAL OF USED ELECTRICAL AND ELECTRONIC EQUIPMENT**

This symbol on the products or in the accompanying documents means that used electrical and electronic products should not be mixed with general household waste. For proper disposal, recovery and recycling, please return these products to designated collection points. Alternatively, in some countries of the European Union or other European countries, you may return your products to your local retailer when purchasing an equivalent new product. By ensuring this product is disposed of correctly, you will help prevent potential negative consequences for the environment natural resources and help prevent potential negative effects on environment and human health, which could be the consequences of improper disposal waste. Contact your local authority or nearest office for more details collection point. Improper disposal of this type of waste may result in penalties in accordance with national regulations.

**For business entities in the countries of the European Union**

If you wish to discard electrical and electronic equipment, please request the necessary information from your seller or supplier.

**Disposal in other countries outside the European Union**

This symbol is valid in the European Union. If you wish to discard this product, please request obtain the necessary information on the correct method of disposal from the local authorities or from the your supplier.

**DISPOSAL OF BATTERIES**

Batteries contain substances harmful to the environment and therefore do not belong in normal household waste. Hand them over for disposal in accordance with applicable regulations and standards at their take-back locations.



This product meets all the essential requirements of the EU directives that apply to it.