

Electric massager

orava

MP-800

Instruction manual

EN



CE

MP-800

Intended use of the device

The device is intended solely for massaging body parts, which is determined by the technical and operational parameters and functions, safety and user instructions, and external influences of the operating environment.

Elektrické spotrebiče ORAVA sú vyrobené podľa poznatkov súčasného stavu techniky a uznaných bezpečnostno-technických pravidiel. Napriek tomu môže nesprávnym a neodborným používaním alebo používaním v rozpore s určením vzniknúť nebezpečenstvo poranenia alebo ohrozenia života používateľa alebo tretej osoby, resp. poškodenie zariadenia a iných vecných hodnôt.

1. GENERAL SAFETY INSTRUCTIONS AND WARNINGS

- This document contains important safety instructions and warnings for safe, correct and economical operation of the electrical equipment. Its compliance helps the user avoid risks, increase reliability and product life.
- In this document, the general term product is used in text parts such as: electrical equipment - any device used for the production, conversion, transmission, distribution or use of electricity.
- From the point of view of the purpose of using electricity, the concept of electrical equipment in the strict sense of the word will include the following categories:
 - household electric appliances,
 - information and communication equipment,
 - consumer electronics,
 - lighting equipment,
 - electrical and electronic tools,
 - toys and equipment for sporting and recreational purposes,
 - medical devices (aids),
 - monitoring and control devices,
 - vending machines.

1.1 General safety instructions

- Before operating the unit, we recommend that you carefully read the instruction manual and operate the equipment in accordance with the instructions!
- The safety instructions and warnings in this manual do not cover all the possible conditions and situations that may arise when using the device. The user must understand that a factor that cannot be incorporated into any of the products is personal responsibility and caution. These factors must therefore be ensured by users serving this device.

- Failure to follow the safety instructions and warnings is forbidden by the manufacturer for any damage to health or property!
- Keep the instruction manual as close to the device as possible throughout its service life. Always keep the instruction manual together with the appliance for future use and use by new users.
- Use the appliance only for the intended purpose and in the manner specified by the manufacturer.
- The appliance is intended for home and similar indoor use without special focus.
- This appliance is intended, in addition to domestic use, for the following uses:
 - in shops, offices and other similar work environments;
 - in economic buildings;
 - in hotels, motels and other residential environments;
 - in bed and breakfast establishments.
- It is not a professional device for commercial use.
- Do not change the technical parameters and features of the device by unauthorized modification or modification of any part of the device.
- The manufacturer is not responsible for damages caused during transportation, misuse, damage or destruction of the equipment due to adverse weather conditions.

1.2 Safety of the operating environment

- Do not use the device in an industrial environment or outside environment!
- Do not expose the appliance to:
 - sources of excessive heat or open flame,
 - dripping or splashing water,
 - vibration and excessive mechanical stress,
 - insects, animals and plants,
 - aggressive and chemical substances.
- The operating environment of the device must always be in accordance with the basic characteristics set out.
- Features of the operating environment:
 1. Ambient temperature: $+5 \div +40$ ° C
 2. Humidity: $5 \div 85\%$
 3. Altitude: $\leq 2\,000$ m
 4. Occurrence of water: intermittent condensation of water or occurrence of water vapor
 5. Occurrence of foreign bodies: quantity and type of dust are insignificant
 6. Protection degree: min. IP20 (device protected from touching dangerous parts by hand and non-waterproof)

- This degree of protection is not indicated on the product and on the technical parameters in the operating instructions.
- If the protection class of the product is different from IPX0, this information is then displayed on the label of the appliance or in the technical data of the operating instructions.
- Other characteristics of the domestic operating environment (mechanical stress - vibrations and vibrations, occurrence of plant, animals, weather effects ...) are negligible in terms of effect on the correct and safe use of electrical equipment.

1.3 Electrical safety

- Before connecting the appliance to the power supply for the first time, make sure that the voltage on the appliance label corresponds to that of the household electrical outlet.
- The electric appliance is designed to power from 1 / N / PE ~ 230 V 50 Hz.
- The electrical safety of the appliance is guaranteed only if it is properly connected to the mains.
- Electrical protection class I equipment is equipped with a protection against electric shock by means of protective earthing of inanimate parts, which can become dangerous when the device is malfunctioning. Always connect such devices to properly installed mains sockets that are equipped with earthing conductors and have a properly grounded earthing conductor.

All electrical equipment is equipped with a three-wire power supply.

- Class II electrical equipment is protected against electric shock by double insulation or by enhanced insulation of hazardous live electrical parts. Device of protection class II it must not be equipped with means to connect protective earthing.

All electrical equipment is equipped with two-wire power supply.

- Class III electrical equipment is a device that is powered by a small safe voltage source (battery or accumulator) and does not present any danger to the user from electrical shock.
- In order to provide increased safety against the risk of electric shock due to the use of electrical appliances by laypersons, it is recommended to install the power supply circuit for sockets with a rated current not exceeding 20 A RCD with a rated operating current not exceeding 30 mA.

To ensure the safety and correctness of the electrical installation, consult a qualified electrician.

- Only use a power cord with a plug (mains lead) supplied with the device and compatible with a wall socket. Using another cable may result in fire or electric shock.
- Always connect an electrical appliance to an easily accessible mains socket. In the event of an operating fault, the appliance must be switched off as soon as possible and disconnected from mains supply.

- The power cord and mains plug must always be easily accessible for safe disconnection of the electrical appliance from the power supply.
- Do not pull off the power cord by pulling the cable. Disconnect the power cord by pulling the plug behind the power cord plug.
- If you use an extension cord, make sure that the total rated power of all devices connected to the extension cord does not exceed the max. current load on the extension cable.
- If you need to use an extension cord or power supply block, make sure that the extension cord or power pack is plugged into a power socket, and not to another extension cord or power supply. The extension power cord or power supply block must be designed for grounded electrical plugs and connected to a properly grounded electrical socket.
- The power plug of the appliance must be compatible with the mains socket. Never use any adapters or modify the socket in any other way. Do not use inappropriate or damaged drawers!
- To avoid electrical shock, plug the power cables into properly grounded electrical sockets. If the device is equipped with a 3-pole plug, do not use adapters that do not have a grounding element or remove the grounding element from the plug or adapter.
- Do not bend, crush or otherwise expose the power cord of the appliance to mechanical stress or external heat sources. Damage to the power cord may result in electric shock.
- When the power cord is damaged, disconnect the appliance from the mains and do not use it again.
- If the power cord is damaged, it must be replaced by the manufacturer, its service department or a similarly qualified person to avoid the risk of electric shock.
- Regularly check and maintain the electrical appliance as well as the power cord and power socket. Disconnect the power plug regularly and clean it if necessary. Pollution by dust or other substances may cause disruption of the insulating state and consequently fire.
- Do not expose the appliance to water or moisture. The ingress of water into the appliance increases the risk of electric shock.
If the power cord is wet or the water has penetrated the water, disconnect it immediately from the mains. If the appliance is plugged into a mains socket and if possible, turn off the power circuit before attempting
unplug the power. If you are pulling wet wires from a live power source, be very careful.
- If the electrical equipment is installed (connecting) the protective covers are dismantled, the electrical parts must not be accessible to the user when the installation is finished.

1.4 Safety of persons

- This appliance is intended for use and operation by persons without electrotechnical qualification - lay people, according to the instructions specified by the manufacturer.
- Device operation includes activities such as switching on and off, user manipulation and setting of operating parameters, visual or auditory inspection of the equipment, and user cleaning and maintenance.
- This appliance can be used by children under the age of 8 and persons with reduced physical, sensory or mental capabilities or lack of experience or knowledge when supervised or instructed to use the appliance safely and understand the dangers involved.
- Children may not play with the appliance.
- Cleaning and maintenance for users may not be performed by children unattended.
- Always keep the appliance out of reach of children during use and operation. Be sure to download the appliance even for a freely accessible power cord.
- Always be careful when operating the electric appliance! Do not use an electric appliance if you are overly tired, under the influence of medication or narcotic drugs that reduce attention and focus.
- Inattention during operation may result in serious injury.

1.5 Cleaning, maintenance and repairs

- Observe the normal user cleaning and maintenance of the appliance in the recommended way. Do not use solvents or harsh cleaners for cleaning. Pollution and visible stains from finger contact, respectively. The hands can be cleaned using detergent detergents specially designed to clean household appliances.
- If you do not use the appliance, clean it or disconnect the appliance from the power supply when the appliance is faulty.
- Electrical appliances that are cleaned after use and are not intended to be completely or partly immersed in water or other liquid, protect against the effects of dripping and / or splashing water and before immersion.
- Electric household appliances, like all other technical devices, are subject to the surrounding environment and natural wear. Since the legal framework of regular maintenance is not laid down for lay-in electrical household appliances, the manufacturer recommends that the user have the appliance checked and cleaned at least once a year by a specialist workshop.
- By doing so, it is possible to achieve safety, operational reliability and increased service life.
- Do not disassemble the electric appliance! The appliance works with a dangerous voltage. For this reason, always switch off the appliance and disconnect it from the mains supply during user maintenance. In the event of a fault, please have the repair serviced by an authorized service center.
- Before calling a service:
 1. Verify that you are unable to remedy the malfunction yourself according to the procedure described in the chapter „Remedy of operating faults“.
 2. Turn the appliance off and on to make sure the fault reappears.
 3. If the malfunction of the appliance still persists after these operations, call the nearest specialist service center.
- Never repair the electric appliance yourself!
- Unauthorized, unqualified and improper use of an electric appliance may result in electric shock or other serious injury.
- Only carry out the warranty or post-warranty repair of an electrical appliance to an authorized qualified person ^(*).

^(*) Competent qualified expert: the sales department of the manufacturer or importer or the person qualified and authorized to carry out this type of activity with the ability to avoid all risks.

Special safety instructions.

Read carefully!

- Electrical equipment is designed and manufactured in such a way as to allow safe operation and use by unauthorized personnel. Despite all precautions taken by the manufacturer for safe use, operation and use entails certain residual risks and the associated potential hazards.
- The following symbols and their meanings have been used on the device and in the accompanying documentation to indicate potential hazards:



This symbol alerts users that the device is operating with hazardous electrical voltages. Do not remove protective covers on the device.
Failure to follow the safety instructions while using and operating the equipment may result in:
Risk of electric shock!
Risk of serious injury or death!



This symbol alerts users that if the safety instructions for using and operating the equipment are not followed, there is a risk of:
Risk of serious injury or death!
Risk of equipment damage or other property damage!



This symbol indicates that the product is made with double insulation between hazardous live parts (parts with dangerous voltage from the mains) and parts that are accessible in normal use.



This symbol on the product replaces the sentence: Do not immerse in water or other liquids!

Transportation/Transfer

- Take care when moving and carrying to avoid tipping, falling and damaging the unit.
Risk of equipment damage!

Unpack/Packaging

- Unpack the device and its accessories and dispose of any parts of the packaging material, labels, and labels before operating it.
- Store the packaging materials in a safe place or keep them out of reach of children and incapacitated persons.
Risk of serious injury!
There is a risk of suffocation!

Inspection/Commissioning

- Never use the appliance if it is incomplete, damaged or any part of it has been damaged during use. Have the device repaired by a specialist garage.
- Before using the appliance for the first time, wash the accessories with water and dishwasher detergent. Rinse carefully and dry.
- Before connecting the machine to a power outlet, make sure that the nominal voltage indicated on the rating plate matches the voltage in your outlet.
- Connect the equipment only to a properly grounded outlet. Risk of serious injury!

Warning!

- The appliance is intended for domestic use. This is not a professional device.
- Be careful not to let the controller come into contact with water - the device may be damaged.
- Do not use the device in an industrial environment or outdoors.
- Do not use the device in a humid environment (near a swimming pool, wash basin or shower, etc.).
- If the head or cover is damaged, stop using the machine for safety reasons.
- Do not leave the appliance unattended when it is plugged into an electrical outlet.
- If your hands are wet or damp, do not touch the device that is connected to the power outlet.
Risk of electric shock!
Risk of serious injury!
- Some parts of the unit may become hot during prolonged operation. We do not recommend massages for people sensitive to heat.
- You should not leave the device turned on for more than 20 minutes.
- Women should not use the device during pregnancy.
- Cardiac pacemakers should consult their physician about the use of the massage device and in no case massage the area around the heart.
- The device must not be used in swollen, burned or injured areas on the skin or body.
- Do not massage with colds with elevated temperature, varicose veins, thromboses, inflammation of the veins, jaundice, diabetes, nervous diseases or acute inflammations. In this case, consult your physician for use.
- If you experience discomfort or pain or irritation while using it, stop using the device.
- Do not use the device after taking medicines or alcohol (limited ability to perceive!).
- Do not use the device while driving a motor vehicle.
- Do not use the device in bed. You must never fall asleep during use.

- Do not use near gasoline or other flammable materials.
- Always be sure to turn off the machine using the power switch and unplug the power outlet after each use.
- The device must not be used if it has been dropped and shows visible signs of damage.
- Do not allow the power cord to come into contact with water.
- Do not unplug the machine from the wall outlet by pulling on the power cord. Doing so may damage the power cord or the power outlet. Unplug the power cord by pulling on the power cord plug.
- If the power cord is damaged, have it replaced by an authorized service center. It is forbidden to use the machine with a damaged power cord or plug.
- To avoid the risk of electric shock, do not repair or modify the device yourself. Have all repairs carried out by an authorized service center. By interfering with the product, you expose yourself to the risk of losing the statutory right from faulty performance, event. quality assurance.
Risk of electric shock! Risk of electric short circuit!
Risk of serious injury!
There is a risk of damage to the equipment or other property damage!

Location/Installation

- Children under 3 years of age must be prevented from accessing unless they are permanently supervised.
- Children between 3 years and under 8 years of age must not be plugged in, regulated, or cleaned or serviced by the user.

Warning!

- Place the device in a place where children cannot reach freely. Prevent children from manipulating (playing) the device. The device may topple over and cause serious injury. Mechanical damage (rupture or breakage of parts and covers) of the device can cause serious injury. Risk of serious injury or death! There is a risk of damage to the equipment or other property damage!
- The device is not intended for use by persons with reduced physical, sensory or mental abilities. People with insufficient experience or knowledge may use it only if the person responsible for their safety is familiar with the use and supervision of them in advance.
- Keep the device away from animals. The device may topple over and cause mechanical damage (rupture or breakage of parts and covers) of the device may cause serious injury.
- The machine must be used and stored on a stable surface.
- Always make sure that the area where you want to place the device has sufficient space, stability, and mechanical strength.
- Do not place the appliance on or near electric or gas cookers and other heat sources.
- In normal use, always connect the device to the power outlet first and then turn it on with the main power switch.

- After use, turn the power switch off with the main power switch, then unplug the power cord from the wall outlet.
- Never cover the device when it is switched on (blanket, cushion ...)
- Unplug the machine when not in use, cleaning, attaching accessories, or when a malfunction occurs.
- Do not touch any parts of the machine in motion. Do not push or push your fingers between the rotating parts. Never handle attachments when connected to the mains.
- The power outlet and power cord must remain easily accessible to safely disconnect the equipment from the power supply.
- Never leave the appliance unattended and freely accessible with an unplugged power cord. Children, incapacitated persons or animals could pull the device off the power cord.
- Do not store the device with the power cord wrapped around its body. Fold the power cord in the same way as it was put in the original packaging from the manufacturer.
Risk of serious injury!

Cleaning, maintenance

- Wipe the unit with a cloth that has been slightly moistened. Never allow liquid to enter the device or accessories. Then wipe everything dry.
- Do not use metal objects, benzine, thinners or abrasive cleaners, etc. to clean the surface.
- To reduce the risk of electric shock, do not wash the device under running water, spray water, or immerse it in water or any other liquid.
- Reuse the device when it is completely dry.
Risk of electric shock!
Risk of serious injury or death!

Characteristics

The device is designed to massage places where you feel pain. Proper use results in an increase in the blood circulation in the skin at a given location, which results in a pleasant and long-lasting feeling of relaxation (increase in skin temperature).

Massage at regular intervals improve blood circulation .

Stimulating your skin, providing you with an effective and relaxing massage.

Efficiency can be easily controlled by increasing or decreasing pressure to a given location.

The massage device has a three-position switch that allows you to select the modes of infrared heating, massaging without infrared heating or massaging with infrared heating.

Infrared magnetic field massage (3)

Infrared radiation together with massage is most effective. Simply slide the switch to the „3“ position (infrared heating trigger with massage) and enjoy the unique combination of penetrating infrared heat accompanied by a vibration massage.

Magnetic field and infrared heating (2)

Check the temperature of the infrared heating surface before using this mode. You can regulate the temperature by turning it off and on regularly.

Massage (1)

There are four suitable handles available for a regular massage for a suitable massage of any part of your body. Simply attach the handle to the appliance's heating surface. Use the device where necessary (on hands, feet, back, thighs, neck, shoulders, etc.).

Massage is also possible through clothing, but the most effective massage is when using the device directly on the skin of the body.

Adjustable handle

You can set the most convenient handle angle for comfortable grip and work.

Simply press and hold the round button in the center of the device and set the handle to the desired position. Release the button after setting the position. You can set the angle up to 90 °.

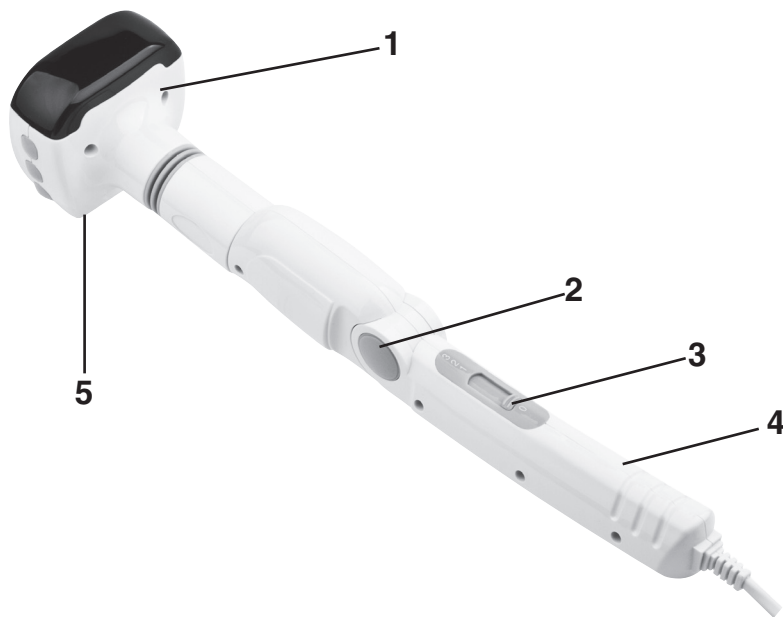
Preparation

Power supply

The device operates on AC 230 V, 50 Hz from the mains.

Before using the machine, you must connect the machine to a power outlet using the power cord.

Parts descriptions



- 1 Massage head
- 2 Handle positioning button
- 3 Mode/Power switch
- 4 Positioning handle
- 5 Accessories

Operation

- 1 Connect the power cord to a 230V/50Hz electrical outlet. Use the device for up to 20 minutes at a time. Then turn off the device for at least 15 minutes.
- 2 Attach the desired accessories (5) to the massage head (1).
Do not use any accessories if you only want to use infrared heating and magnetic massage with infrared heating only.

Available accessories:

Roller massage stick

Rollers for blood circulation with small stimulating protrusions to relax the tired body.



Suction cup massage handle

It generates a slight vacuum that has a very beneficial effect on your skin.



Handle for body massage

Two specially shaped protrusions direct soothing massage waves to the shoulders, hands, wrists and legs.



Handle for scalp massage

Stimulating head massage. Begin massaging from the bottom of the head to the top of the head and then reverse the direction of the massage.



Handle for joint massage

With a steady rotating motion, move upwards across the joints on the entire body.

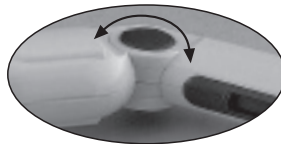


Concentrator massage handle

Expanded concentrator protrusions produce gentle vibrating waves for a wider area of body parts such as legs, loins and back.

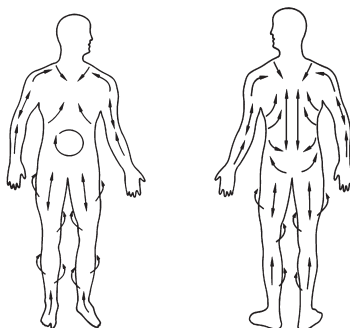


- 3 Set the most convenient handle angle for comfortable grip and work. Press and hold the round button (2) in the center of the machine and set the handle to the desired position. Release the button after setting the position. You can set the angle up to 90 °.



- 4 Use the mode/power switch (3) to switch the machine to the desired mode.
0 = OFF
1 = Massage
2 = Infrared heating and magnetic field
3 = Magnetic field massage with infrared heat
3 After turning on and selecting the mode, use the machine as needed.
- 5 The device works most effectively when used directly on the skin without clothing. Check the temperature of the infrared heating surface before using the infrared heating. If the massage area is heated for a longer period of time without skin contact, the temperature could be unpleasantly high. Therefore always test the infrared surface temperature with your fingertip before use. Too much heating can be controlled by regular switching on and off to position „2“. Massage without exerting pressure in slow, circular movements. Keep your skin tight as far as possible for optimal effect.

The pictures show ideal massage directions:



Front of the body Back of the body

APPLICATION OF INFRARED HEATING (Magnetic Infrared Lamps)

In addition to infrared lamps, the device also includes 3 built-in magnets. The magnetic field helps to improve blood circulation, thus increasing the effect of the massage.

Therapeutic application:

The heat of infrared heating alleviates pain in rheumatic and muscular diseases. Consult a physician before use.

Cosmetic application:

Infrared heating stimulates blood circulation and helps to open skin pores. After the design, the skin better absorbs creams and other cosmetics.

Gently press the infrared head onto the skin and move it gently so that the infrared light does not point to one spot only. This can be repeated 3 to 4 times a day for 5-10 minutes with at least 45 minute breaks between uses.

When applied, it is common for the skin to become slightly red. If you feel unwell or if your skin becomes too red, do not proceed with the next application.

MASSAGE APPLICATION

For massage, move the device in a light circular motion for 6 to 8 minutes. Avoid massaging only one place. The device can also be used through clothing, but direct application to the body will achieve a higher effect.

Warning

- Do not massage the same body part for more than 3 minutes. After 3 minutes proceed with a massage on another part of the body.
- Do not use the device continuously for more than 20 minutes. After 20 minutes, turn off the device and unplug it and allow it to cool.

Cleaning and maintenance

Regular, long-term cleaning is required to ensure proper and long-term operation

Before cleaning, turn off the machine and unplug it.

Cleaning procedure:

After use, simply clean the device with a dry cloth slightly moistened with water. Do not use any abrasive cleaning agents or solvents such as alcohol, benzine, or thinner. Never immerse the device completely in water. After cleaning, wind the power cord loosely and store the machine in a suitable place

Technical specifications

Power supply:	110 - 240 V 50/60 Hz
Power input:	13 W
Number of modes:	3
Dimensions (W x D x H):	10 x 10 x 41 cm
Weight:	0,46 kg
Noise level:	60 dB (A)

The declared noise emission value of this appliance is 60 dB (A), which represents the sound power level A relative to the reference sound power of 1 pW.

Subject to change!

Producer:

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Seberínho 2
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Slovenská republika

Importer:

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Ostravská 494
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Česká republika



DISPOSAL OF USED ELECTRICAL AND ELECTRONIC EQUIPMENT

The symbol on the product or on its packaging indicates that this product does not belong to household waste. It is necessary to take it to a collection point for electrical recycling and electronic equipment.

By ensuring proper disposal of this product, you will help prevent negative consequences to the environment and human health that would otherwise be caused by inappropriate disposal of this product. For more detailed information about recycling of this product, please contact your local authority, your household waste disposal service or the shop where you purchased the product.



This product meets all the essential requirements of the EU directives that apply to it.